



OUR KIT

Nest is modelled on a highly successful, well respected, and proven equipment design for therapeutic positioning in lying, and has been developed for use in low and middle-income countries.

Infinitely adjustable, it will grow and adapt to the person's situation providing longevity and sustainable provision.

Secure, comfortable support capable of delivering the necessary biomechanical forces to be effective .

Washable, robust, latex free.

Designed with caregivers in mind, it is easily transportable between locations, quickly and easily adjusted and it can be packed away when not in use .

OUR TRAINING

To complement the equipment, Nest training equips local providers in low and middle-income countries to deliver safe, effective postural care.

The course covers the risks of unsupported lying, the benefits of supported positioning, and how to use Nest equipment day or night.

Developed by global experts, it supports standardised, context-sensitive education to improve comfort, health, and quality of life for people with disabilities.

Training is available through your local Nest equipment provider.

SIMPLE STUFF WORKS AND DDO

A joint collaboration in
therapeutic positioning

OUR COLLABORATION:

Each of us brings more than 20 years experience in our field. Sarah Frost in supporting the provision of equipment in low and middle income countries, Sharmini Constantinescu in the manufacture and supply of equipment and Sarah Clayton in the development of training and support to understand the patterns of body shape distortion and the use of therapeutic positioning in lying.



OUR APPROACH:

Not everyone can sit...but everyone can lie. A person's disability is with them 24 hours a day, 7 days a week, 52 weeks of the year, and gravity never takes a break. When we provide support in lying, we dramatically increase the level of protection we offer the person's body.

We recognise the need for context specific training and support as well as effective equipment. We are pragmatic, solution focussed and passionate about improving outcomes.

Changes in body shape are predictable; by supporting the person and those around them to understand this, we have the opportunity to change course, to improve outcomes, reduce complications and improve quality of life.

To find out more
scan the QR code



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