

Nest



### **OUR KIT**

Developed for use in low and middle income countries and modelled on a highly successful, well respected, proven equipment design and training service.

Infinitely adjustable, it will grow and adapt to the persons situation providing longevity and sustainable provision

Secure, comfortable support capable of delivering the necessary biomechanical forces to be effective

Washable, robust, latex free

Designed with caregivers in mind it is easily transportable between locations, quickly and easily adjusted and it can be packed away when not in use

## SIMPLE STUFF WORKS AND DDO

# A joint collaboration in therapeutic positioning

#### **OUR COLLABORATION:**

Each of us brings more than 20 years experience in our field. Sarah Frost in supporting the provision of equipment in low and middle income countries, Sharmini Constantinescu in the manufacture and supply of equipment and Sarah Clayton in the development of training and support to understand the patterns of body shape distortion and the use of therapeutic positioning in lying.



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### **OUR APPROACH:**

Not everyone can sit... but everyone can lie. A person's disability is with them 24 hours a day, 7 days a week, 52 weeks of the year and gravity never takes a break. When we provide support in lying, we dramatically increase the level of protection we offer the persons body.

We recognise the need for context specific training and support as well as effective equipment. We are pragmatic, solution focussed and passionate about improving outcomes.

Changes in body shape are predictable, by supporting the person and those around them to understand this, we have the opportunity to change course, to improve outcomes, reduce complications and improve quality of life.

To find out more scan the QR code



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